

in touch

tantalizing spa treatments

FALL FAVORITE

To treat the senses with the flavors of fall, The Spa at Rancho Valencia (Rancho Santa Fe, CA) has introduced the Spiced Cider Pumpkin Treatment (\$195, 50 minutes), a massage and wrap that smells delicious enough to eat. After basking in a hot, bubbling spiced cider soak, guests are treated to a rejuvenating exfoliation with Farmhouse Fresh's Whipped Honey Fine Grain Salt Scrub and then painted with Splendid Dirt Nutrient Mud Mask with Organic Pumpkin Puree. The indulgent service, available throughout the month of October, concludes with a cinnamon-scented massage using Red Hot Sparkling Soak & Body Oil. "The natural, farm-fresh ingredients used in this treatment provide an experience that helps to rejuvenate the all-over sense of wellness," says spa director Arielle Sutton. "Encouraging hydration, it leaves the skin with a pretty impressive glow." For Farmhouse Fresh products: www.farmhousefreshgoods.com.—Heather Mikesell

CLEAN SLATE

To keep the effects of Sin City from showing up on the face, guests at **The Spa at Mandarin Oriental, Las Vegas** can opt for The Cure Facial (\$200, 60 minutes), which is based on a cutting-edge thermo-active enzymatic detoxification. Relying on products from Natura Bissé's The Cure Collection, the treatment begins with an application of The Cure All-In-One Cleanser to the face, neck, and décolleté. The esthetician then activates a dose of The Cure Enzyme Pre-Therapy with water to create a creamy foam, which

is applied using a circular massage technique. The key to the facial is the enzymatic heat that softens pores while infusing them with refreshing botanicals to help purify the skin. The cleansing treatment also includes an exfoliating peel, extractions, an effervescent mask, and sun protection. "This detoxifying facial is fabulous for bringing forward a fresh face and decongesting the skin," says spa director Jennifer Lynn. "Before a night out, it helps to provide a clean canvas for a beautiful face of makeup." For Natura Bissé products: www.naturabisse.com.—*H.M.*



from the vine

Guests looking to celebrate the cooler seasons with treatments that appeal to their inner oenophile can look to the new fall menu at **The Spa at Pelican Hill** (Newport Beach, CA), which features a variety of seasonal and holiday-inspired treatments. One in particular, running from October to December, is the Rose Wine Wrap (starting at \$140, 50 minutes). The treatment begins with a gentle dry brushing to open pores before a rose-clay wrap is applied to the body. Afterward, a rehydrating massage with Body Bliss's Rose Maroc Lotion is performed, leaving skin refreshed and glowing. A glass of wine is paired with the treatment and helps guests relax through the rest of their day. Says spa director Robin Dunivin, "Our seasonal Rose Wine Wrap provides the benefit of both an oil and water hydration, which balances the skin." For Body Bliss products: www.bodybliss.com.—*E.M.*